



Kaua'i Ho'ohui O Recreation Department of Parks & Recreation



MINI HOOPSTER (GRADES K – 1) LEAGUE RULES

EQUIPMENT & COURT SPECIFICATIONS		
Topic	Rule	Definition & Rationale
Ball Size	Size 5 / 27.5"	A smaller basketball for younger players is due to the size of the child's hand as well as their developing skill level. Same ball size for both girls & boys.
Basket Height	8 feet	Utilizing a lower basket height allows children to develop proper shooting form and increases the opportunity for shooting success.
Court	Court Width	This court dimension is more appropriate for younger children based on their relative size in space.
GAME STRUCTURE		
Topic	Rule	Definition & Rationale
Game Length	Six 5-minute periods/ 3 periods per half	The additional periods will ensure that all children participating will have an opportunity to experience the sport.
Halftime	3 minutes	
Scoring	NO SCORE	Game score will not be kept. Emphasis should be placed on skill development, sportsmanship, teamwork, and social interaction.
Start of Game Possession	Coin Flip	Opening possession will be determined by coin flip. Then alternating possession at the start of each period.
GAME PLAY RULES & TACTICS		
Topic	Rule	Definition & Rationale
Playing Time	Equal	Each child must play a full period in each half.
Defense	<u>NO PRESSURE DEFENSE.</u> Defense must be played in the "Box".	On every change of possession the defensive team must retreat to the "Box" and play defense within that designated area. The defense may leave the "Box" to retrieve a loose ball or long rebound.
Substitutions	No Limit. Substitute when play is stopped.	